

BOTTOM
LESS
Brunch
AT SEAL BAY



Menu

FULL ENGLISH BREAKFAST (1511kcal)

Grilled pork sausage, bacon, two fried free-range hens' eggs, hash brown, flat mushroom, slow-roasted tomato, baked beans and toasted sourdough.

VEGGIE BREAKFAST (v) (1564kcal)

Grilled halloumi, smashed avocado, two fried free-range hens' eggs, hash brown, flat mushroom, slow-roasted tomato, baked beans and toasted sourdough.

AVOCADO SOURDOUGH (v) (596kcal)

Avocado with hummus, marinated tomatoes, two poached free-range hens' eggs and chilli flakes on toasted sourdough.

BEEF PATTY MELT (1309kcal)

Two 3oz smashed burger patties, streaky bacon and Swiss cheese on a brioche bun topped with two fried free-range hens' eggs served with crispy potatoes.

MUSHROOMS ON TOAST (v) (934kcal)

Sautéed mushrooms in a cream sauce topped with a poached hens' egg on toasted sourdough.

Add: Crispy bacon (90kcal) £2.00

ROASTED RED PEPPER HUMMUS & CHARGRILLED FLATBREAD (ve) (909kcal)

Roasted sweet potato, tomato salsa, olive oil and toasted pumpkin seeds on a chargrilled flatbread.

STICKY SLOW COOKED PORK BELLY (1422kcal)

Slow cooked sticky pork belly, two fried free-range hens' eggs, romesco sauce and watercress, on a warm brioche bun.

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Drinks

PROSECCO BELLINI APEROL SPRITZ

SELECTED BEERS AND SOFT DRINKS